

**REPORT TO:** Health Policy & Performance Board  
**DATE:** 8 March 2011  
**REPORTING OFFICER:** Strategic Director, Adults and Community  
**SUBJECT:** Modernisation and integration of Day Services and opportunities for all Adults

**1.0 PURPOSE OF REPORT**

1.1 To outline the key issues and development plan for the modernisation and redesign of Day Opportunities for Older People and adults.

**2.0 RECOMMENDATIONS**

2.1 **It is recommended that:**

i) **Members of the Policy & Performance Board note and comment on the contents of the report.**

**3.0 SUPPORTING INFORMATION**

3.1 There has been a significant and growing emphasis, in recent national and local strategy reports, on the need to change the way adult social care services are delivered in response to the demographic challenge of an ageing population within an environment of reducing resources, and on the need for a whole system response built around personalised services with increased emphasis on prevention, early intervention and enablement.

3.2 The change in the structure of the population presents a significant challenge to health and social care services. Life expectancy has increased considerably with a doubling of the number of older people since 1931. Between 2006 and 2036, the number of people over 85 in England will rise from 1.055 to 2.959 million, an increase of approximately 180%. Ill health and disability increase with age and this is reflected in the forecast that the number of people over 65 with a limiting long term illness in England will increase from 3.9 million in 2009 to 6.1 million in 2030 which is likely to be accompanied by an increase in the demand for support across the continuum of need.

3.3 A number of alternative approaches to traditional Day Services have been developed over the past couple of years; with a key focus on Early Intervention and Prevention, meaningful activities, employment and volunteering however Older Peoples day services continue to be delivered based on a traditional building based model, and in isolation to other developments. In addition, older people do not always have the same access to deliver to services which are

available to younger adults.

#### 4.0 **CURRENT SERVICES**

4.1 The current services identified within this redesign model are:

- Sure Start To Later Life for Adults
- Community Bridgebuilders
- Older Peoples Community Day Care
- Oakmeadow Day Centre
- Adult Placement
- PSD Day Services
- Specialist Day Services for Adults with a Learning Disability
- Pingot Day Centre

4.2 These Services can be characterised as follows:

##### 4.2.1 Sure Start To Later Life

Sure Start to Later Life supports Older People to review their options and make informed choices about their own futures, by helping them to find the right information, services and support, at the right time, in order for people to maintain or regain independence, good health and wellbeing within their own homes and local communities. Information Officers provide an assessment of people's lifestyle needs to enable older people to access community activities and engage with people in order to prevent social isolation. The service works closely and cohesively with mainstream services to identify barriers and opportunities that will ensure that all services are accessible for the people they support.

The service aims to respond flexibly and creatively, empowering individuals to achieve realistic goals to improve their quality of life. Information Officers do this by taking positive action through meaningful engagement and promoting social inclusion.

The team operates a flexible pattern of working. It is the aim of the service to be flexible to user needs and times of contact. The team operates on a span of duty that begins no earlier than 8.00am and end no later than 9.00pm.

Access to the service is by the person or professional referral.

##### Options

- 1) Continue to deliver the service in its current format; that is only available to Older People.
- 2) Integrate with Community Bridgebuilders Service, to provide a single access point to all Day Opportunities and Early

Intervention Services- providing a service for all Adults

3) Decommission the service

#### 4.2.2 Community Bridge Builders

The service is pan disability and is provided to the most socially isolated who have physical and sensory disability, mental health issues, learning disability and older people. The service is also offered to a number of carers and to people aged 16-18 as part of their transition from children's to adult services. Although there are similar schemes in the country, Halton are the only council to offer this service across all service areas. The current referral system allows any assessment team to refer to the service. After referral, Bridge Builders work with individuals to identify activities or services with which they would like to engage and provide practical support to enable them to do this. The Bridge Builders also work directly with the mainstream services to see what barriers there are to people with disabilities using their service and build capacity with these services to support people with disabilities using their services.

Options

- 1) Continue to deliver the service in its current format
- 2) Integrate with Sure Start To Later Life
- 3) Decommission the service

#### 4.2.3 Older People Community Day Care

The Community Day Service, heavily underpinned by a committed group of volunteers, can offer up to 280 places each week to older people, many of who are aged over 80. Currently the service averages 114 places per week well under 50%. The sessions are held throughout the borough in local community settings or facilities on specific days of the week, providing early intervention, support to carers, relief from isolation, activities and mutual support.

This service operates on different days (note that there is no service on a Monday) at a range of venues. The rooms are rented by the session. The following establishments are used:

- Tuesday - Ditton Community Centre, Trinity Church, Southlands Court;
- Wednesday – Chapelfields Community Centre, Southlands Court;
- Thursday - Southlands Court
- Friday - Victoria Court.

The service is effectively a luncheon club with bingo attached. There is some variety e.g. a sing along or annual trip to the Trafford Centre but not enough to warrant the high cost of the service.

In addition, there are very few linkages with the Independent Living Centre in Runcorn.

#### Options

- Continue to deliver the service in its current format
- Decommission the service
- Decommission the service and further develop alternative day opportunities within the community, ensuring these are utilised more effectively across all client groups

#### 4.2.4 Specialist Services

Specialist Services are currently provided specifically for Adults with a Learning Disability, across a number of settings within the Borough, there is also a base at Bredon for people with more complex needs.

The service is accessible following an assessment by community bridge builders, and is only available to people who are FACs eligible.

There is a charge for the service, meals are not available, but attendees are encouraged to bring a packed lunch.

The service is available Monday to Friday 9am-4pm, although some activities are arranged for weekends and evenings. The overall aim of the service is to support people to become as independent as possible with involvement in meaningful community activities.

Personal care and medication support is available as required. The service is coordinated from Bredon.

- 4.2.5 As early as July 2004 the Executive Board recognised the need to re-design Day Services in response to the Government's Agenda, 'Valuing People, A New Strategy for Learning Disability for the 21st Century'. At this time it was agreed that there was a need for accelerated movement away from traditional building based services and to provide increased opportunities for people with learning disabilities, promoting social inclusion and independence. The examples of the closure of Astmoor as a base for Day Services for adults with learning disabilities and the huge variety and award winning schemes that have resulted since have clearly demonstrated the value of community based day services as a more effective and preferable model of service delivery.

- 4.2.6 The majority of service users who used to receive traditional services from Pingot now attend community venues or the businesses such as Country Garden Catering pioneered by Adult with Learning Disabilities Day Services. Some service users continue to use Pingot as a base from which to engage community activities, but these are few in numbers and ever decreasing.
- 4.2.7 The primary group still receiving some direct services at Pingot are those 8 PMLD service users for which appropriate community venues have been more challenging to identify. Nonetheless, around one third of activities accessed by the PMLD group are sourced outside of Pingot.
- 4.2.8 Given the direction of travel for meaningful daytime activities and the success of the progress already achieved by Halton's Day Services, it is evident that Pingot as a centre is no longer fit for purpose. The expense of maintaining the building and some of the staffing functions e.g. cook can no longer be justified.

#### Options

- 1) To continue to deliver the service in its current format
- 2) To de-commission Pingot and the service be delivered in its entirety from within the community as the "Hub and Spoke" Model.
- 3) To further develop the "Hub and Spoke" model to include services for Older People.

#### 4.2.9 Oak meadow Day Centre

The Oak meadow Day Care centre operates on Monday, Wednesday, Friday and Saturday, for Older People and people with Dementia. The hours of operation are currently 9.30 to 4pm, although often people, who are dependant on transport, tend to be dropped off and picked up at different times- usually resulting in attendance for a shorter period of time.

The service is only available following a care management assessment, and tends to be restricted to one day per week, per service user. Peoples needs are reviewed on an annual basis within the care management reviewing processes, however once a person accesses day care they often remain for a number of years.

Activities tend to be limited and provided within a traditional model of day care e.g. Bingo, crafts etc. Meals are provided from the residential catering service.

There is no link or pathways from the Day Centre to the community,

other day service providers or the service users within the residential unit; this limits opportunities around discharge planning and a wider focus on enablement.

There are no opportunities around weekend and Out of Hours activities, apart from 1 day centre session on a Saturday.

Although the day centre is “badged” as providing day care for Older People with Dementia, there is no evidence of any specialist activities/interventions around Dementia.

There are no linkages with younger adults groups, for example, learning or physical disabled groups and there are opportunities within Oakmeadow to develop services together.

## Options

- 1) Continue to deliver the service in its current format
- 2) Develop an alternative enablement model, integrated with Adult Day Services
- 3) Decommission the service

## 5.0 **CONSULTATION**

### 5.1 **Staff and managers**

- 5.1.1 All staff and managers involved with these services will be consulted and views sought.

### 5.2 **Service Users and Carers**

- 5.2.1 All Service Users and carers who are directly involved with the services will be consulted on the options, and key individual issues and areas of concern discussed this will include:

- 5.2.2 Individual visits to the homes of users and carers of day services will be undertaken where this is required.

### 5.3 **Consultation with Councillors**

- 5.3.1 Members views from the Health Policy & Performance Board are requested and where Members feel appropriate, visits will be undertaken.

### 5.4 **Consultation with interested bodies, key stakeholders and individuals**

- 5.4.1 A meeting is to be arranged with the trade unions. Key individuals in the community will also be contacted and external providers. This will include our key partners and strategic groups e.g. Older People's Local Implementation Team.

## 6.0 **POLICY IMPLICATIONS**

- 6.1 Our health, our care, our say,' outlined the reform needed in both social and health care services to respond to the demographic challenge and rising expectations in the population. 'High quality care for all', the Darzi report, building on the direction set in the Our Health, Our Care, Our Say highlighted the need to improve prevention, deliver services as locally as possible, and deliver patient choice and personalisation. Putting People First and Transforming Social Care have provided clear direction for the required transformation of social care and have made it clear that the new adult care system requires a collaborative approach with a broad range of partners to redesign local systems around the needs of citizens.

- 6.2 The consultation period will last approximately 3 months.

## 7.0 **FINANCIAL/RESOURCE IMPLICATIONS**

- 7.1 Overall efficiency savings will be made on service provision, further work will be undertaken during the consultation exercise to assess the savings.
- 7.2 A small amount of funding will be required to improve the availability of activities and environment within Oakmeadow.

## 8.0 **RISK ANALYSIS**

- 8.1 This proposal supports the continuing shift toward improved, quality, choice and control and an increase in preventative service provision, with a focus on efficient use of resources. If this proposal is not supported then the risk would be an increase in the numbers of people requiring Long term care provision within the community setting

## 9.0 **EQUALITY AND DIVERSITY ISSUES**

- 9.1 This proposal recognises the issues of equality and diversity for a range of service users. It ensures that access to services is not restricted because of age, mental health and well-being, limiting illness. It also considers alternative and diverse methods to address the needs of people in Halton.

9.2 An Community Equality Impact Assessment will be undertaken.

**10.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

<b>DOCUMENT</b>	<b>PLACE OF INSPECTION</b>	<b>CONTACT</b>
"High Quality Care For All" NHS next stage review. June 2008; DOH	Runcorn Town Hall	Sue Wallace-Bonner, Operational Director, Enablement